



When? Wednesday 26th February 2025 Are you ready to rock?

We are again taking part in an exciting workshop which will include:

- √ an inspiring message about self esteem
  - ✓ an original Health & Wellbeing song
    - √ professional sound and lighting equipment
- ✓ singing, dancing, exercise, fun and more

  Dress code

  Your inner rock star or school uniform: