



19<sup>th</sup> June 2023

Dear Parents/Carers

**Re: Year 5 Science topic**

Our topic for Science this half term has been 'Animals Including Humans.' We have explored how humans change and develop from birth to old age, investigated life cycles of different animals and gestation periods. Part of this unit of work involves exploring how humans change when they go through puberty which we are learning about this week. This does include discussing the following areas:

- How boys and girls bodies change during puberty
- Scientific language to describe body parts and processes, including menstruation
- We will also consider the changes that other species undergo during puberty such as birds who develop different plumage, lions growing manes etc

Our PSHE Learning also includes discussions around the topic of 'Changing Me' and will deal with the emotional as well as physical changes that are experienced during puberty. This includes:

- Body Image/Self Image
- How to look after ourselves physically and emotionally

Puberty in  
Boys & Girls

Where these lessons overlap they will be taught together in a sensitive and factual way.



If you have any further questions, the class teachers will be on hand via their email accounts. Our school documents relating to PSHE and the statutory RSE curriculum can be found on our website for further reference.

Yours sincerely

*H Palmer*

*S Owens*

*R George*

Miss Palmer  
Year 5 Teachers.

Miss Owens

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