

#### Welcome back to school.



# New Beginnings and Emotions







### Different emotions?

How were we feeling this morning?

Scared

Nervous

Happy

Excited

Anxious

Worried

#### Different emotions?

It is fine to feel any of the emotions we just mentioned.

It is important to remember that we are all different and so all feel different emotions at different times.

We need to help each other because we want everyone in school to feel positive.

## Story time

The I'm not Scared Book by Todd Parr

As you listen to the story, think about the times you may have felt like this.

THE I'M NOT SCARED BOOK The New York Times Bestselling Author

https://www.youtube.com/watch?v=AXId4PYemYw

# Learning Time!

Throughout the week, your teachers will spend some time looking at the meaning of the story we read together today.

It will be a time to share how you feel and think about ways to help each other if we are feeling scared or nervous about the new school year.

#### Reflection

This is our school,

Let peace dwell here,

Let the rooms be full of contentment.

Let love abide here,

Love of one another,

Love of mankind,

Love of life itself.

Let us remember



That as many hands build a house, So many hearts make a school Help us to learn, play and share together.

We hope our school will be place of great discovery, adventure and creativity.

May it be a place where we love to learn and where we learn to love,
A place where everyone is respected and all are deeply valued.