

This week's theme is...



Friendship

Article 15

You have the right
to choose your
friends





What does friendship mean?

What do friends do for one another?

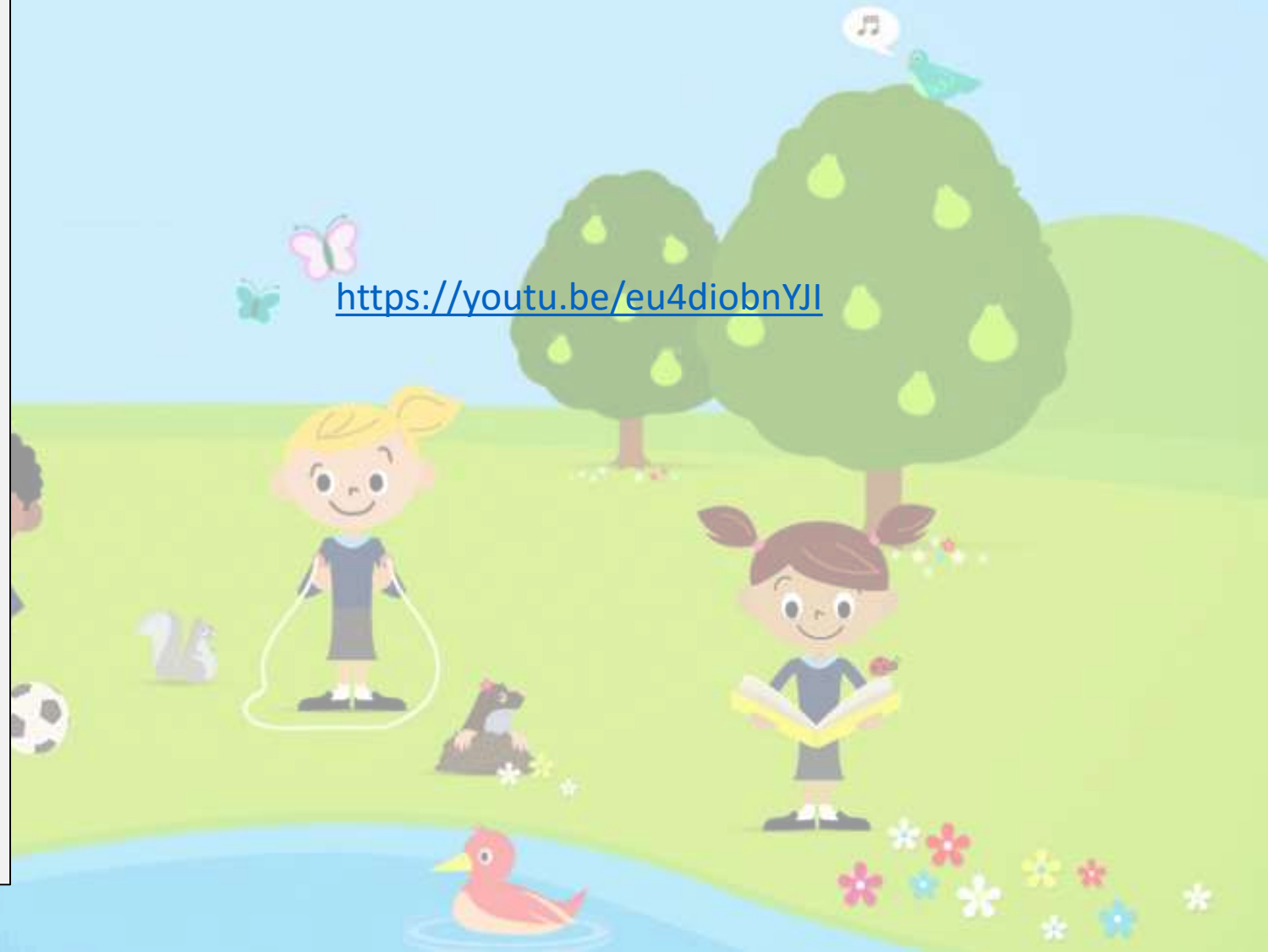
<https://www.youtube.com/watch?v=ReMq3KX8F94>



The picture I've just shown you is of 2 best friends.

Let's watch a video to find out a little more about them.

<https://youtu.be/eu4diobnYJI>



When Paul was trying to raise money for Kamden, this is what he said about him.

"Hi my name is Paul.

Here is a picture of me and my best friend Kamden. We have been friends since kindergarten and we love to play superheroes during recess. *We love to go to McDonald's to eat Happy Meals and play at the park. My friend Kamden was born with something on his spine and he can't walk. He has been in a wheelchair since before I met him. I asked my mom if I can go on Go Fund Me to help Kamden get a new wheelchair. His wheelchair has fallen forward many times. Also, he has a really hard time pushing it because its so heavy. But do you even know what's worse than that? His wheelchair is too big for him to fit in his bathroom. He can't even fit through the door and use the toilet without asking for help. If he gets a new wheelchair he's going to be more comfortable and he'll do more things on his own. I think he would go super fast if he got this new chair and we can play more. Please help Kamden."*



Thoughtful

Supportive

Helpful

Kind

What attributes does Paul show that tells us that he is a good friend?

Compassionate

Reassuring

Caring




Being kind

Kindness is:

- being friendly, generous and considerate of others;
- showing goodwill to others;
- being concerned when others are upset or worried;
- helping people when they need you;
- doing something nice for someone else, without expecting anything in return.

How can you be kind?

- 
- Smile!
 - Help someone if they fall over.
 - Go and sit with someone who is sitting alone (if they want you to).
 - Sit next to someone at lunchtime you would not normally sit with.
 - Ask someone how they are.
 - Pick up litter.
- Say good morning.
 - Write a letter to someone thanking them for something *they've* done or said.
 - Say something nice to as many people as possible.
 - Let someone go ahead of you in the line.
 - Hold doors for others.

How Does Kindness Help Our School?


Doing kind things for others activates the parts of the brain that make you feel happy.

Kindness makes people feel that they belong. Being kind helps you to make friends.

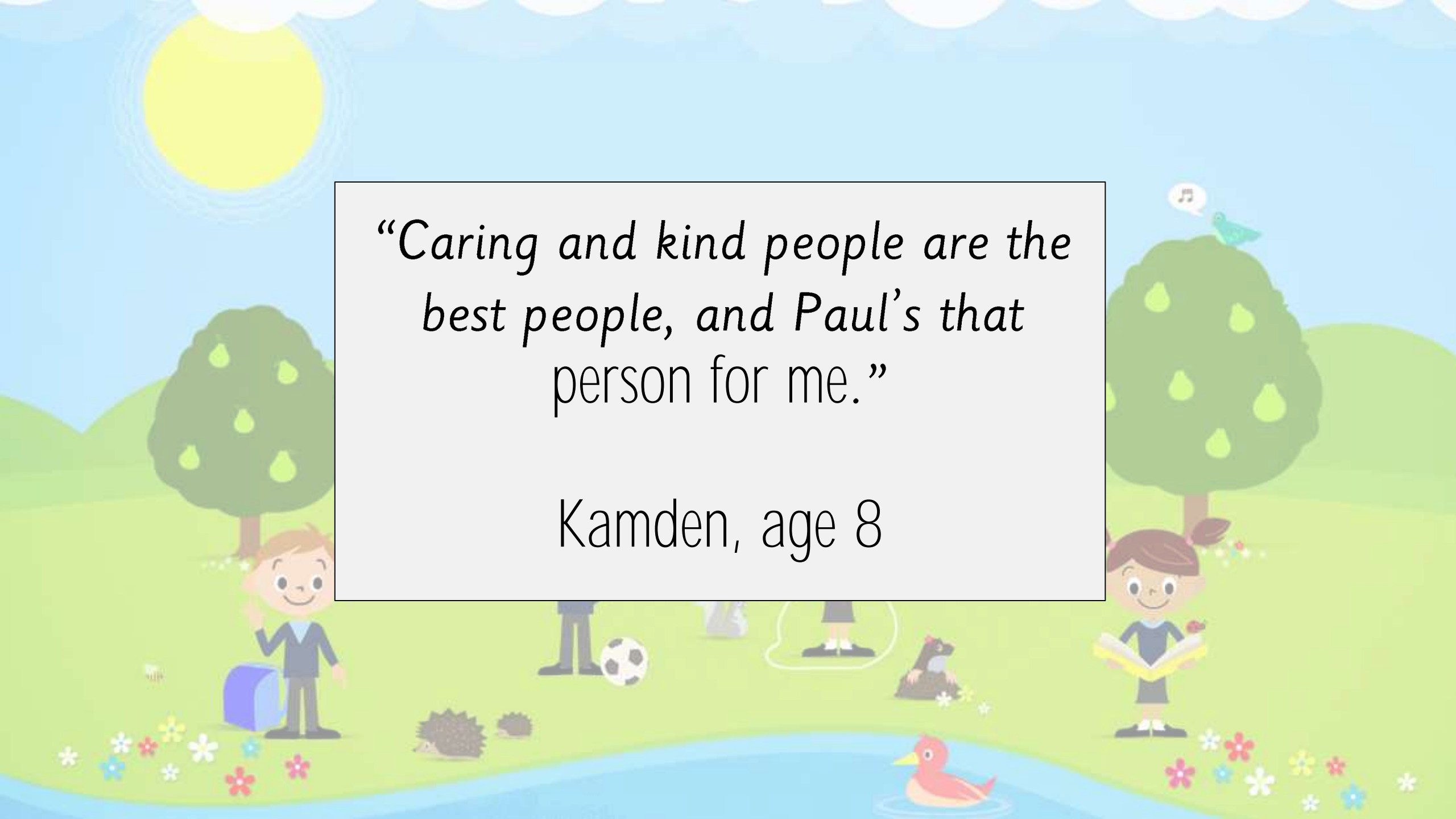
Being kind to people encourages them to be kind too.

Kindness increases our sense of well-being.



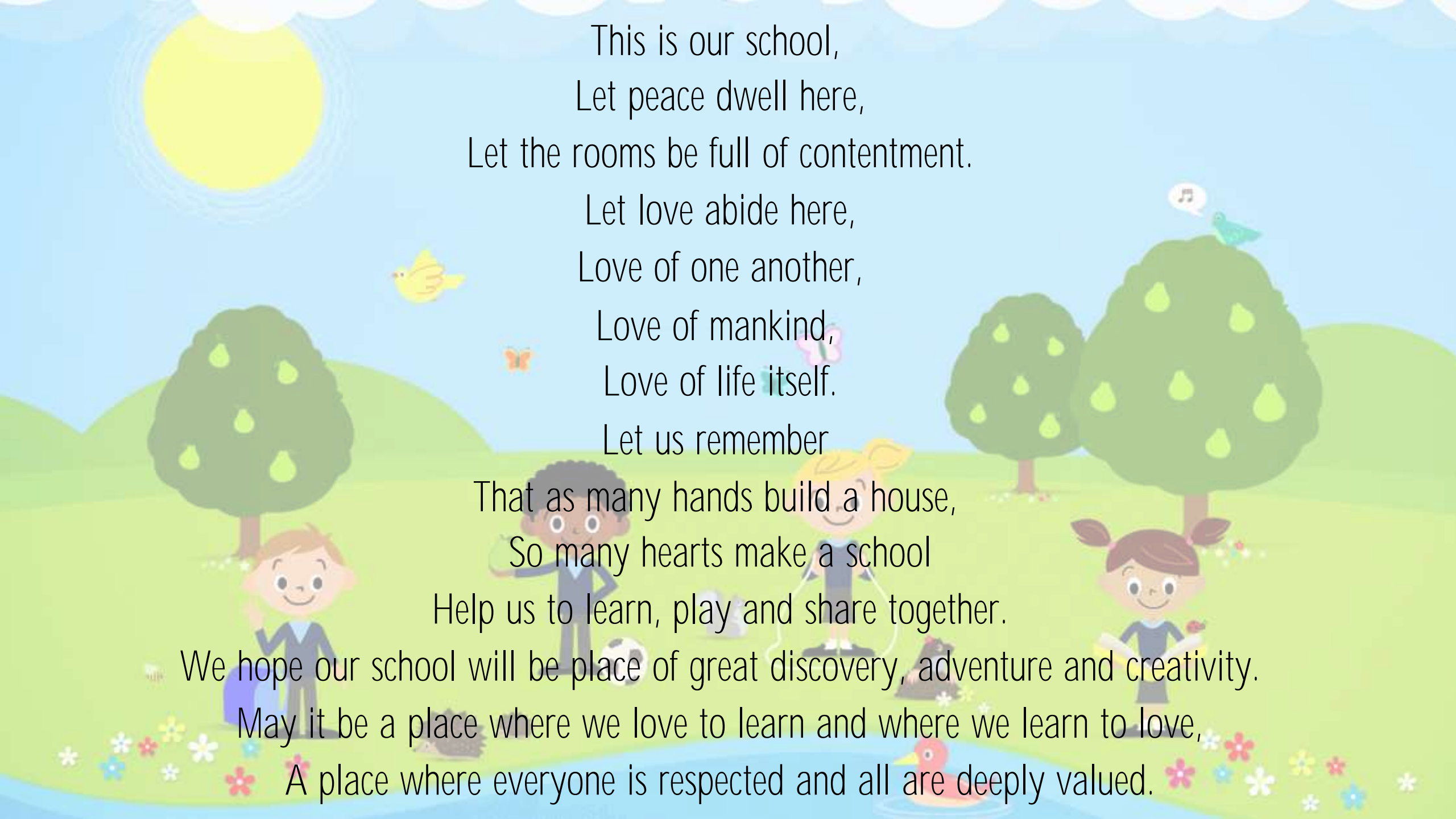


What are you going to do today
to be a good friend?

A vibrant, cartoon-style illustration of a park. In the top left, a bright yellow sun with rays is partially obscured by a white cloud. The sky is light blue with several white, fluffy clouds. In the foreground, a blue pond contains a single red duck. To the left of the pond, a boy with brown hair, wearing a blue suit, stands next to a blue bag. To the right, a girl with brown hair in a ponytail, wearing a blue dress, stands holding an open yellow book. The background features rolling green hills, two large green trees with yellow fruit, and various small details like a soccer ball, a dog, and a bird. The overall scene is bright and cheerful.

“Caring and kind people are the best people, and Paul’s that person for me.”

Kamden, age 8



This is our school,
Let peace dwell here,
Let the rooms be full of contentment.

Let love abide here,
Love of one another,
Love of mankind,
Love of life itself.

Let us remember
That as many hands build a house,
So many hearts make a school
Help us to learn, play and share together.

We hope our school will be place of great discovery, adventure and creativity.

May it be a place where we love to learn and where we learn to love,

A place where everyone is respected and all are deeply valued.